

# BREAKFAST V LUNCH COFFEE



Bread Social Fruit & Nut Toast with local Mullumbimby honey 12

# Bread Social Sourdough with house-made preserve 10

- substitute Deeks Grain Free Quinoa Toast +2
- add avocado 6

House-Made Super Seed Granola Bowl with fresh seasonal fruit & yoghurt (g.f) 18 - vegan option +2

Organic Oat Porridge with poached apple & cinnamon nut crumble 19

**Smashed Peas & Poached Eggs** with feta, salsa verde, hazelnut dukkah, mixed greens & toasted sourdough (g.f option) 26

**Vietnamese Crispy Rice Pancake** with fried eggs, peanuts, crunchy slaw & nuoc cham dressing 28 (g.f)

Omelette with chèvre, braised field mushrooms, sourdough & fresh greens (g.f option) 26

Buttermilk Pancake with fresh Monty's strawberries, crème fraîche & maple syrup 25

Espressohead Breakfast Roll with fried eggs, Swiss cheese, chipotle mayo & rocket 15

- add avocado 6
- add bacon 6

Haloumi Burger with locally made haloumi, olive paste, roast tomato and rocket 18

**Brown Rice Salad** with wild rice, avocado, raw vegetables, chili, pickled ginger & ponzu dressing 21 (g.f, vegan)

## Build Your Own Breakfast -

Poached, fried or scrambled free range eggs on toast with fresh greens 18

- add avocado / house-made baked beans / slow roasted tomatoes / marinated chèvre / 6 each
- add local wood smoked bacon / braised field mushrooms / grilled tamari tofu / 6 each
- add Portuguese sardines in organic olive oil 9

Fresh Daily Muffins 6

Bread Social Pastries 6

Dark Chocolate & Macadamia Brownie 7 (g.f)

Orange & Almond Cake with lemon syrup 7 (g.f)

Pistachio & Date Tart (vegan) 7

Chocolate Chip Cookie 4

# Kids Menu (Under 12)

Plain Pancake with Maple Syrup 15 Half Serve Eggs & Toast 10 Kids Bacon & Egg Roll 12

# Check out our blackboards or ask your waiter about our breakfast & lunch specials

CARD PAYMENT SURCHARGE OF 1.85% APPLIES SUNDAY SURCHARGE 10% - PUBLIC HOLIDAY SURCHARGE 15%

## **HOUSE BLEND ESPRESSO COFFEE**

Espresso / Piccolo / Short Macchiato 4 Long Black 5 Regular Coffee 5 Large Coffee 6 Iced Latte – espresso, ice & milk 6 Iced Coffee - espresso, milk & ice cream 8 Cold Brew Coffee 6 Bulletproof Coffee - MCT oil & butter blended 6 Extras - Bonsoy +1 / Oat +1 / Almond +1 / Lactose Free +1 / Macadamia Milk +1 / House-Made Caramel +1 / Life Cykel Mushroom Extracts 'Uplifting' or 'Calming' +2

#### HOT DRINKS

The Organic Tea Project 7 Whole leaf teas brewed in a generous pot English Breakfast Blend / Earl Grey / Whole Leaf Green / Ayurvedic Blend / Minty Blend

Fresh mint, lemon & ginger tea 6

Pot of house-made organic chai tea 8 choose your milk

Organic 'Living Chai' latte 6 choose your milk

Adaptogenic hot chocolate 6 choose your milk

Roasted dandelion & chicory latte 6 choose your milk

Golden milk turmeric latte 6 choose your milk

Matcha Latte 6 choose your milk

Babycino 2

#### MILKSHAKES Large 8 Kids 6

House-made flavours - Chocolate / Salted Caramel / Strawberry Jam

# BYRON BAY COLD PRESSED JUICE COMPANY 9.50

Orange

Green Juice - silverbeet, cucumber, celery, apple, kale, lime & mint

Beetroot, apple, celery, ginger, turmeric & lemon

#### **SMOOTHIES** 12

Nimbin Green - bananas, hemp protein, baby spinach, mint, honey & coconut water

**Tropical Dream** - bananas, mango, pineapple, passionfruit, coconut water & honey

Banana Buzz - bananas, cacao & coconut protein, LSA, dates & organic almond milk - add a shot of espresso +1

## SODAS

**Strangelove Organic** - Ginger Beer / Cloudy Pear / Lemon Squash 6

Mellows Sparkling Water with L-Theanine -Watermelon & Lychee / Raspberry & Lime 6

**Good Happy Kombucha** - Lemon Myrtle / Berry Schisandra / Ginger & Turmeric 7

SAN PELLEGRINO Sparkling Mineral Water - 750ml 8 / 250ml 4

#### **COCONUTS** 7

